

# Dr. Alice H. Cash

Speaker • Trainer • Presenter

## SPEAKER

Dr. Alice Cash is a nationally known speaker whose work has been showcased on “The Today Show,” “NBC Nightly News” “Sightings” “Feelin’ Great” and multiple times on **National Public Radio**. Dr. Cash has been speaking nationally since 1985 and is much in demand on the topics of “The Healing Power of Music,” “Toning and Chanting: Tools for Wellness” and “Music: a Healthy Choice through the Lifespan.”

Dr. Cash travels coast-to-coast speaking to doctors, nurses, social workers and other medical and mental health professionals. She is a popular keynote speaker and workshop presenter with the associations, university students, church groups and the general public, helping them learn to **“Tune their lives with music!”** Dr. Cash has traveled to Europe to speak to groups and teach them chanting, toning and **how to use the music they already know for healing purposes.**

Her first book and CD, “Notes on Tuning Your Life with Music” came out in 2000. Subsequently she has written “Drumming for Health, Wellness and Fun” and “Creating Love and Passion in Your Relationship with Music.” Dr. Cash has been a featured speaker at the 25th Annual National Wellness Conference in Stevens Point, Wisconsin and at Scripps “Exploring Health and Wellness” held at Lake Louise Canada.



Her current emphasis is on incorporating wellness through music into the hospital setting and surgery especially, as well as into everyday life. In 2008, Dr. Cash received a U.S. Patent for her process of choosing music especially for surgery in order to reduce the amount of medications and anesthesia required, thus contributing to a safer surgical experience and a faster recovery.

## Good Vibrations:

*“The entire program was fascinating! We are so fortunate to have had Alice present at Deaconess and I look forward to seeing her present again. I loved hearing about the various applications within the hospital, i.e. geriatrics, L&D, oncology, etc. Very exciting to learn how the developing brain in utero can be influenced by music.”*

*“I didn’t want her to stop. Her presentation was so uplifting and educational that I wanted to stay all day!”*

*“I would love to have her come back and be more focused with individual groups. It’s such a broad topic! MORE ALICE!”*

*“Alice was an excellent presenter. She was very knowledgeable yet spoke on my level. Great!”*

*“I would like Dr. Alice Cash to come back and do a day long seminar. Alice Cash was wonderful. Alice is very rich in knowledge and experience. I really enjoyed spending a couple of hours in her presence.”*

FOR MORE INFORMATION  
ON SCHEDULING  
DR. ALICE H. CASH:

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## CLINICAL MUSICOLOGIST

Since 1990, Dr. Cash has been conducting research on the healing power of music. From 1990 to 1997 she was Coordinator of Music and Medicine at the University of Louisville School of Medicine. Her research included "Psychopsycological Benefits of Tone and Chant" and "Therapeutic Use of Music with Alzheimer's Patients,"

In the Fall of 2010, the V.A. Hospital in Louisville, KY will conduct a research study on her "Surgical Serenity Headphones." Dr. Cash was on the staff of Baptist Hospital East in Louisville, KY. She maintains a clinical private practice in Louisville, KY.

## PERFORMER

Dr. Cash has been presenting concerts, recitals and music workshops since 1970. She has studied in the United States and in Europe with masters such as Lee Luvisi, Edward Kilenyi, and Ilonka Deckers. In 1986 she began a series on women in music, focusing on Wanda Landowska and the Revival of the Harpsichord. As a result, Dr. Cash won a prestigious Kentucky Foundation for Womengrant which took her to Paris to conduct research on the life and work of Landowska. Her dissertation has been made into an award-winning documentary on Landowska, premiered at the Boston Early Music Festival.

## THERAPIST/CLINICIAN

Dr. Cash is a licensed clinical social worker, providing services to individuals, families, and groups. She uses a varied therapeutic approach combining her extensive knowledge of music with an understanding of mind-body medicine. She has garnered a national reputation as one of the few clinical musicologists in the country.

Her current research is focused on music with surgery and music with childbirth including mother-baby bonding. She also sees patients suffering from Alzheimer's disease, Parkinson's disease and other disorders.

## PROFESSOR AND EDUCATOR

Dr. Cash has taught music performance and history, clinical social work, and music healing at the University of Louisville School of Music, the U of L School of Medicine, and the U of L Kent School of Social Work. She has also taught at the Southern Baptist Theological Seminary, Southern Wesleyan University, Indiana University Southeast and Bellarmine University Department of Continuing Education.

## Joyful Noise:

*"A very inspiring day which should be shared by many more people. Although the amount of people were right to make the day intimate and fun."*

J. A. Supervisor for Cruse Bereavement Care, Melton & Rutland Branch, U.K.

*"I enjoyed the wonderful historical evaluation about the importance of music through the centuries. I will be listening to music with appreciation of the health benefits it brings."*

Evaluation from Cornell Trace Program

*A refreshing experience that reconnected me to the heart in the healing profession and had research to support the heart! Good support for therapeutic claims. Useful techniques I can incorporate in practice? Using music to shift mood in clients or teaching clients to use music at home in this way.*

Evaluation from Spartanburg Program

*"It opened my mind to the impact of music on our everyday lives and experiences. It has caused me to reflect on my music tastes and mood altered by different tones. I like the idea of presenting options for using music to get in touch with emotion to my clients in therapy. I would like a workshop on how to manage/work through negative emotions associated with music."*

Evaluations from Milestone Program

*"I enjoyed hearing about the different aspects and effects of music in the different circumstances of life. I will tell my daughter who is expecting her first child about music in pregnancy and with infants."*

Evaluations from Milestone Program

*"Dr. Alice Cash's program was uplifting and enlightening. What I liked best was the handouts and the instruments to take back with me and use. I definitely will have music played and sung more in the infant room."*

Evaluation from Daycare Setting Workshop

## Dr. Alice H. Cash

- Keynote Speaker
- Workshop Leader
- Performer
- Media Expert

Learn how to introduce healing music in your life.

**502-419-1698**

